

UNIVERSITY OF CENTRAL FLORIDA

UCF RESTORES

Redline Rescue is proudly owned and operated by UCF RESTORES.

REGISTER
LOG IN

FIND SUPPORT
ADDITIONAL RESOURCES
FOR PROVIDERS
ABOUT US

I WOULD LIKE TO
FIND A CLINICIAN

You can search for clinicians by geographic area, by insurances accepted, or by the type of modalities they specialize in. Below you will see four boxes that represent the most typical problems for which first responders seek treatment. If you are searching for someone to help you with one of these areas, going through the brief exercise below will allow Redline Rescue to identify the clinicians who have experience in that area. If you are searching for assistance with other areas of concern, you can search for clinicians with specialties in other areas by clicking on the "other problems or needs" button below.

ADDICTION

Those who work in fire service might use alcohol or other mood-altering substances.

As you watch the videos, think about which video is most like your substance use at this time.

ANGER MANAGEMENT

People express anger differently.

As you watch the videos, think about which video best describes the way you manage your anger at this time.

ANXIETY/TRAUMATIC STRESS

People react to and deal with trauma in different ways.

As you watch the videos, think about which video describes how you are dealing with recent or past traumatic events right now.

DEPRESSION

Sadness can lead to severe depression.

As you watch the videos, think about which video best describes your mood right now.

Check all
Uncheck all

☐ School Issues
☒ Self-Harm/Suicide
☐ Sex Therapy
☐ Sexual Abuse

CLOSE

Within 10 miles

Other Problems or Needs (1)

Insurances Accepted

Telehealth Option(s)

Profession

SEARCH

CLINICIAN

Courtney Williams

LICENSED SOCIAL WORKER

Magnolia Therapy Center

courtney@magnoliatherapycenter.com

https://www.magnoliatherapycenter.com

100 Court St SE Suite #204, 2nd Floor Live Oak, Florida 32064

SHOW PHONE NUMBER

★ Problems/Needs Match (1)

BADGES

Suicide Prevention

EDUCATION

Master's Degree: Saint Leo University

I PROVIDE SUPPORT FOR

FIREFIGHTERS

Why am I a good fit to work with first responders?

I specialize in trauma treatment, with a clinical focus on first responders and their families. My work is grounded in EMDR and cognitive-behavioral approaches (CBT, DBT) to help process the cumulative weight of the calls that stay with you and the strain on marriages and family life. I understand the realities: bad calls, line of duty losses, and hypervigilance that doesn't switch off when your shift ends. You don't have to explain the basics or clean up how you say things. In addition to my private practice, I serve as both a clinician and Behavioral Health Navigator with The 2nd Alarm Project, providing peer support consultation, critical incident response, and outreach across Florida.

What other first responder issues and goals do I work with?

I work with operational stress and burnout, depression that shows up as numbness or irritability, anxiety that doesn't shut off, and relationship strain from shift work and emotional absence. We focus on communication: how to talk about what you're carrying without breaking the code, how to have hard conversations at home when you're running on empty, and recognizing when isolation has become the default. I also work extensively with moral injury.

I AM CERTIFIED IN THE FOLLOWING

TRAINING PROGRAMS

I have completed and received certificates for the following training programs, specifically to provide you with the support you deserve:

Florida Firefighters Safety and Health Collaborative Clinician Awareness Program

Supporting Firefighter Mental Wellness

Certificate for Firefighter Ride-Along Completion

Counseling on Access to Lethal Means (CALM)

Add to compare list